



LIFE ON PURPOSE

DISCUSSION GUIDE

EPISODE 1: THIS IS FOR YOU

BIG IDEA

There are a lot of misconceptions of what following Jesus should look like. Jesus says that life and life to the fullest are truly found in a relationship with him. It doesn't lead to an easy life, but it leads to the full life he came to give us.

DISCUSSION BREAK 1

What do you think is the difference between being happy and experiencing life to the fullest?

DISCUSSION BREAK 2

What are some of the biggest things that hold people back from trusting God with their lives? Or taking their faith more seriously?

ENDING DISCUSSION

- What stood out to you from the stories in this episode?
- What are some of the misconceptions you've heard about what it means to follow Jesus?
- Have you ever had a moment in a conversation with someone, where you felt like God was there with you? Like you were joining a conversation with him and that person?
- What prevents you from slowing down and noticing God and people more?
- Read **Matthew 9:11-13**. What comes to mind when you hear these words of Jesus?

KEY SCRIPTURES

John 10:10
Matthew 9:11-13

APPLICATION

Take time this week to ask God to show you his heart for you and those around you.

Write down 2 or 3 things that he showed you.

OR

Take time this week to look for the people and/or places where God might be wanting to show you his heart.

(e.g., A lonely person in your class, an issue of injustice in your community, a global challenge in the news.)





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EPISODE 2: JOINING HIS HEART

BIG IDEA

The full experience of life with Jesus is found when we join his mission of telling others about the kingdom of God. God's heart is for you and the world around you.

DISCUSSION BREAK 1

What is most difficult when talking about your personal faith with friends who have other beliefs?

DISCUSSION BREAK 2

Which problems in the world do you feel most passionate about seeing changed? Or what problems bother you most?

ENDING DISCUSSION

- Read **2 Corinthians 5:17-21**
- What do these verses tell us about evangelism?
- Do you think our culture has a negative perception of the word "evangelism?" Why do you think there is (or isn't)?
- What excites you about sharing your faith?
- What makes you nervous about sharing your faith?
- How can we practice the art of being on mission more frequently and effectively day to day?

- What are the challenges we face when it comes to showing God's love to others?
- Take a few minutes to talk about the needs in your school and community.
- If you could do anything with God to impact the world, what would you do and why?

KEY SCRIPTURES

2 Corinthians 5:17-21

APPLICATION

Spend some time as a group or in smaller groups of two or three, praying that the Holy Spirit would give you:

- Love (**Romans 5:5**)
- Boldness (**Acts 4:29**)
- Fearlessness (**Romans 8:15-17**)
- Power (**Ephesians 3:14-21**)
- Wisdom and Opportunity (**Colossians 4:2-6**)



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EPISODE 3: PRAYER: OUR FIRST RESPONSE

BIG IDEA

In the work of building his kingdom, God does the heavy lifting—we trust, obey and ask for his help. Prayer moves God's heart, and changes ours.

DISCUSSION BREAK 1

What does prayer look like in your life? When do you find yourself praying the most?

DISCUSSION BREAK 2

Do you ever pray for others? If so, what kinds of things do you find yourself praying for?

ENDING DISCUSSION

- Read **Luke 11:1-2**
- What do you think it means when we pray for God's kingdom to come on earth as it is in heaven?
- What's the hardest part of prayer for you?
- If you knew without a shadow of doubt that God was listening, would that change the way you pray? In what way?
- Take a few moments to pray together.

KEY SCRIPTURES


Luke 11:1-2

APPLICATION

Take a moment to write down the names of three people in your life who don't yet know Jesus and spend some time praying for them. As a group, decide on a time to set an alarm each day to pray for your friends.

WHAT IN YOUR LIFE COULD YOU PRAY FOR?

A friend, family member, co-worker, or injustice in the world.



LUKE

WHAT IN YOUR LIFE COULD YOU PRAY FOR?

Write down the names of three people you would like to come to know Jesus, and some issues of injustice in the world.

But say **(Alpha)** is a reminder to pray daily, and be open and dependent to see how God might use you.

Heavenly Father, I pray for my friends, my community, and the world.

Lord, let their Kingdom come and Your will be done.

Holy spirit, cover all we pray, that I may share the love and good news of Jesus to those around me.

Amen.

THREE PEOPLE	ISSUE OF INJUSTICE
01	
02	
03	

Refer to the prayer card included with the series materials.



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EPISODE 4: AN INVITATION GOES A LONG WAY

BIG IDEA

Full life is exclusively found in Christ, but meant to include everyone. It's too good to keep for ourselves, and we're called to live a life of invitation—a life shared, and you never know how far an invitation can go.

DISCUSSION BREAK 1

Talk about the power of invitation.

DISCUSSION BREAK 2

If someone was going to share their religious faith with you, how would you want them to do it?

ENDING DISCUSSION

- What do you think of the idea that you could be like a missionary to your school and community?
- In what way(s) does the Holy Spirit empower us to share our faith?
- What do you think about the idea that God can use unlikely people?
- Have there been times when you have viewed people as projects? Have you seen evangelism practiced like this?
- When it comes to the idea of joining God to reach others, what kind of unnecessary pressure do we put on ourselves?

- Think back to the person that God used in your life to invite you into a relationship with him. What made their witness so compelling and attractive?

KEY SCRIPTURES

Acts 1:8

APPLICATION

Opportunity for prayer

Give everyone an opportunity to receive prayer to be inspired and equipped by the Holy Spirit to be like a missionary to their schools and community.

Take a step

As a group, commit to take a step towards sharing your faith. You might find it helpful to write it down.

Examples – I commit to:

- Invite a friend to Alpha or youth group
- Learn the name and detail of the life of a neighbour or classmate
- Invite someone new to hang out or to eat lunch
- Write a note of encouragement to a friend who doesn't know Jesus
- Research an area of injustice and begin to take action

Before closing, spend some time praying for one another for courage and boldness to share your lives and your faith with others.

